

Results of the Cumbrian Schools Championships

Carlisle, 09 June 2007

JUNIOR BOYS

| | | |
|--------------|---|--|
| 100m | 1 | H Hancock (Allerdale) 12.5 (12.1h) |
| | 2 | B.H Cook (South Lakes) 12.6 (12.3h) |
| | 3 | A Webster (South Lakes) 12.7 (12.3h) |
| | 4 | D.M McCory (Carlisle) 12.9 (12.7h) |
| | 5 | A Hughes (Copeland) 12.9 (12.3h) |
| | 6 | M Obale (South Lakes) 13.0 (12.7h) |
| 200m | 1 | R Thompson (Carlisle) 24.6 |
| | 2 | S. Brough (Allerdale) 25.7 |
| | 3 | M Obale (South Lakes) 26.2 |
| | 4 | A Webster (South Lakes) 26.3 (25.7h) |
| | 5 | J Huntingdon (Allerdale) 26.8 |
| | 6 | A Boyce (Eden) 26.8 (26.6h) |
| 400m | 1 | M Thompson (South Lakes) 58.5 |
| | 2 | C Barlow (Allerdale) 59.1 |
| | 3 | N Martin (South Lakes) 62.3 |
| | 4 | M Minnett (Carlisle) 59.9 |
| | 5 | M Thompson (Eden) 64.6 (64.4h) |
| 800m | 1 | J Aris (Eden) 2.11.6 |
| | 2 | R Beck (Copeland) 2.12.0 |
| | 3 | H Earl (Carlisle) 2.15 |
| | 4 | M Sloan (Allerdale) 2.16.7 (2.15.1h) |
| | 5 | J Malloy (Allerdale) 2.20.8 (2.19.5h) |
| | 6 | 6 B Wheeler (Barrow) 2.21.8 (2.20.8h) |
| 1500m | 1 | M Grieve (Carlisle) 4.26.5 |
| | 2 | L Savage (Eden) 4.30.4 |
| | 3 | J Addison (South Lakes) 4.40 |
| | 4 | E Hafren (Allerdale) 4.49.9 |
| | 5 | S Till (South Lakes) 4.49.9 |
| | 6 | 6 R Flint (South Lakes) 4.50.7 |
| 80mH | 1 | A Hughes (Copeland) 13.6 (130h) |
| | 2 | B Wilson (South Lakes) 13.8 |
| | 3 | O Blackburn (South Lakes) 15.4 (15.2h) |
| | 4 | A Butterworth (Carlisle) 15.4 (15.3h) |
| | 5 | M Curruthers (South Lakes) 15.7 |
| | 6 | J Taylor (Allerdale) 16.1 (15.7) |
| Relay | 1 | Carlisle 50.00 |
| | 2 | Allerdale 51.1 |
| | 3 | South Lakes 54.4 |

High Jump 1 K Fisher (Carlisle) 1.75m
2 M Parker (Allerdale) 1.72m
3 J Aris (Eden) 1.55m
4 M Carruthers (South Lakes) 1.55m
5 E Philips (Carlisle) 1.50m
6 J Field (South Lakes) 1.45m
7 A Ledinghey (Allerdale) 1.45m
8 T Godfrey (South Lakes) 1.45m

Long Jump 1 R.M McGreevy (Allerdale) 5.19m
2 N Coglan (South Lakes) 5.12m
3 A Davidson (South Lakes) 5.10m
4 S Borough (Allerdale) 5.00m
5 A Howey (Eden) 4.97m
6 C Robertson (Carlisle) 4.92m

Triple Jump 1 N Coglan (South Lakes) 10.96m
2 K Little (Allerdale) 10.78m
3 N Birtle (Eden) 10.68m
4 N Walker (Copeland) 10.64m
5 A Slater (Allerdale) 10.30m
6 M Wilson (South Lakes) 10.27m

Shot 1 N Morris (South Lakes) 12.61m
2 M Smith (South Lakes) 12.57m
3 W Teal (South Lakes) 11.37m
4 J Reid (Eden) 10.48m
5 S Pearson (Allerdale) 10.02m
6 J Pennington (Carlisle) 9.78m
7 L Savage (Eden) 9.69m
8 F Lawler (Carlisle) 8.64m

Discus 1 O Bancroft (Eden) 28.64m
2 T Knowles (South Lakes) 27.64m
3 A Muir (Eden) 26.40m
4 N Miller (Carlisle) 23.33m
5 D Lowther (South Lakes) 22.41m

Javelin 1 S Brown (Carlisle) 38.98m
2 M Thompson (South Lakes) 34.25m
3 J Barnes (Carlisle) 32.63m
4 G Pinches (South Lakes) 30.63m
5 D Lowther (South Lakes) 27.57m
6 J Barwise (Copeland) 25.65m

Hammer 1 N Miller (Carlisle) 35.84m
2 N Morris (South Lakes) 35.60m
3 R M'Douell (Carlisle) 31.15m
4 D Armstrong (Carlisle) 23.37m

Overall Team Totals: 1 South Lakes 105; 2 Carlisle 67; 3 Allerdale 55; 4 Eden 39;
5 Copeland 17; 6 Barrow 1

INTERMEDIATE BOYS

| | | |
|--------------|----|--|
| 100m | 1 | W Latta (South Lakes) 11.5 |
| | 2 | J Thompson (South Lakes) 11.6 |
| | 3 | L. Ho (South Lakes) 11.6 |
| | 4 | K Congdon (Allerdale) 11.9 |
| | 5 | P Breen (Carlisle) 12.4 (12.0h) |
| 200m | 1 | J Weber (South Lakes) 23.5 |
| | 2 | R. Low (Barrow) 23.5 (23.4h) |
| | 3 | J Barnsley (Carlisle) 24.2 |
| | 4 | C Sharman (Copeland) 24.7 (24.6h) |
| | 5 | C Vogt (Eden) 25.4 |
| | 6 | M Knapton (South Lakes) 25.9 |
| 400m | 1 | D Lawrence (South Lakes) 52.1 |
| | 2 | J Pattison (Copeland) 52.5 |
| | 3 | D Mutton (Barrow) 53.6 (53.4h) |
| | 4 | M Crawley (Carlisle) 55.1 (53.2h) |
| | 5 | L Morgan-Mythes (South Lakes) 56.7 (55.6h) |
| | 6 | M Dent (Eden) 57.9 (56.6h) |
| 800m | 1 | D Mutton (Barrow) 2.01.3 |
| | 2 | O Cartwright (Carlisle) 2.01.6 |
| | 3 | L Mallinson (Eden) 2.09.9 |
| | 4 | A Till (South Lakes) 2.14.9 |
| | 5 | J Simpson (Carlisle) 2.16.9 |
| | 6 | I Cork (Allerdale) 2.24.8 |
| | 7 | M Armstrong (Allerdale) 2.39.4 |
| 1500m | 1 | T Farrell (Carlisle) 4.05.7 |
| | 2 | J Bowness (Copeland) 4.14.8 |
| | 3 | S Wilson (Barrow) 4.30.1 |
| | 4 | S Thwaites (South Lakes) 4.31.9 |
| | 5 | M Shan (South Lakes) 4.32.1 |
| | 6 | M Collinhole (Carlisle) |
| | 7 | T Nicholson (Carlisle) 4.35.9 |
| | 8 | J Dickinson (South Lakes) 4.42.1 |
| | 9 | S Aris (Eden) 4.42.4 |
| | 10 | A Trestani (Copeland) 4.44.3 |
| 3000m | 1 | M Brown (Copeland) 10.18.8 |
| 100mH | 1 | M Wright (South Lakes) 14.3 |
| | 2 | A Smith (Carlisle) 15.2 |
| | 3 | C Deboise (Carlisle) 16.3 |
| | 4 | C McGee (Allerdale) 16.4 |
| | 5 | T Hogg (Copeland) 19.4 |
| 400mH | 1 | R Low (Barrow) 62.3 |
| St/Ch | 1 | T Marper (Carlisle) 5.34.9 |

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|--------------------|---|----------------------------------|
| Relay | 1 | South Lakes 46.6 |
| | 2 | Eden 47.9 |
| | 3 | Carlisle 48.3 |
| | 4 | Copeland 49.5 |
| High Jump | 1 | R Byers (Allerdale) 1.90m |
| | 2 | J Hirst (Allerdale) 1.85m |
| | 3 | N Williams (Eden) 1.85m |
| | 4 | T Painter (South Lakes) 1.75m |
| | 5 | A Burghes (Carlisle) 1.60m |
| | 6 | W Burnette (Copland)m |
| | 7 | G Richardson (Allerdale) 1.55m |
| | 8 | W Bell (Eden) 1.50m |
| Long Jump | 1 | B Houldsworth (Barrow) 6.29m |
| | 2 | A Pinski (Allerdale) 6.01m |
| | 3 | M McGeechan (South Lakes) 5.74m |
| | 4 | L Ho (South Lakes) 5.74m |
| | 5 | A Smith (Carlisle) 5.64m |
| | 6 | M Little (Carlisle) 5.56m |
| | 7 | L Mallinson (Eden) 5.36m |
| | 8 | A Whiteford (Carlisle) 5.37m |
| Triple Jump | 1 | J Richardson (Eden) 12.39m |
| | 2 | M McGeechan (South Lakes) 12.27m |
| | 3 | I Cork (Allerdale) 11.83m |
| | 4 | W Tyson (Allerdale) 11.25m |
| | 5 | R Atherton (Allerdale) 11.02m |
| | 6 | P Metcalfe (South Lakes) 11.00m |
| | 7 | L Stannard (Carlisle) 10.83m |
| | 8 | M Shaw (South Lakes) 10.34m |
| Shot | 1 | M Shields (Carlisle) 11.39m |
| | 2 | K Little (Carlisle) 11.33m |
| | 3 | T Dadley (Eden) 11.21m |
| | 4 | J Barraclough (Eden) 11.02m |
| | 5 | R Armstrong (Eden) 10.95m |
| | 6 | B Nichols (Copeland) 10.69m |
| | 7 | M Johnstone (Carlisle) 10.36m |
| | 8 | M Shaw (South Lakes) 10.63m |
| Pole Vault | 1 | C Deboise (Carlisle) 2.40m |
| | 2 | J Robb (Carlisle) 2.10m |
| Discus | 1 | L Denney (South Lakes) 34.04m |
| | 2 | J Barraclough (Eden) 28.94m |
| | 3 | R Slack (Carlisle) 28.01m |
| | 4 | G Lacey (South Lakes) 26.04m |
| | 5 | M Armstrong (Allerdale) 25.07m |
| Javelin | 1 | I Burrow (South Lakes) 48.54m |
| | 2 | M Shore (Carlisle) 33.03m |
| | 3 | G Lacey (South Lakes) 32.57m |

4 E Jones (Copeland) 31.54m
 5 S Little (Allerdale) 31.34m
 6 S Wilson (Barrow) 30.35m

Hammer 1 G Atkinson (Eden) 42.15m
 2 E Brierley (South Lakes) 36.82m
 3 R Slack (Carlisle) 32.85m
 4 M Shield (Carlisle) 30.17m

Overall Team Totals: 1 South Lakes 90 2 Carlisle 85 3 Eden 45 4 Allerdale 36
 5 Barrow 32 6 Copeland 26

SENIOR BOYS

100m 1 M Worner (South Lakes) 11.9

400m 1 S Fox (Eden) 51.8

800m 1 S Fox (Eden) 1.57.7
 2 W Nicholson (Carlisle) 1.59.2
 3 M Fowler (Copeland) 2.29.4

1500m 1 B Rooney (Eden) 4.19.5
 2 S Livesey (South Lakes) 4.39.3

3000m 1 T Addison (South Lakes) 9.27.6
 2 K Alderson (South Lakes) 9.29.3
 3 K Kirkham (Copeland) 10.7.5

High Jump 1 M Wright (South Lakes) 1.80m

Long Jump 1 J Wright (South Lakes) 6.84m
 2 S Etherington (South Lakes) 6.41m
 3 M Warner-Schonecker (South Lakes) 6.41m

Shot 1 S Etherington (South Lakes) 12.39m
 2 A Sherwen (Copeland) 11.11m

Discus 1 M Larkin (South Lakes)

Hammer 1 S Coe (South Lakes) 58.90m

Overall Team Totals: 1 South Lakes 55 2 Eden 18 3 Carlisle 17 4 Eden 13

OVERALL BOYS TOTALS 1 SOUTH LAKES 250; 2 CARLISLE 169; 3 EDEN 102; 4 BARROW 91; 5
 COPELAND 56; 6 BARROW 33

JUNIOR GIRLS

| | | |
|--------------|---|---------------------------------------|
| 100m | 1 | A Jefferson (Copeland) 13.6 (13.0h) |
| | 2 | V Tang (South Lakes) 14.0 (13.7h) |
| | 3 | B Wise (Allerdale) 14.0 (13.7h) |
| | 4 | V Coverley (South Lakes) 14.1 (13.8h) |
| | 5 | R Ireland (Eden) 14.1 (13.8h) |
| | 6 | K Robinson (Allerdale) 14.1 (13.7h) |
| | 7 | C Hine (South Lakes) 14.4 (13.8h) |
| 200m | 1 | G McDowell (Barrow) 27.4 |
| | 2 | C Browbank (Allerdale) 28.0 (27.9h) |
| | 3 | N Wooley (Allerdale) 28.4 |
| | 4 | E Berry (Carlisle) 28.6 |
| | 5 | C Dixon (Carlisle) 28.7 |
| | 6 | R Ireland (Eden) 29.4 (28.6h) |
| | 7 | V Tang (South Lakes) 29.8 (28.9h) |
| | 8 | L Chapman (Eden) 31.6 (29.1h) |
| 800m | 1 | A Casement (South Lakes) 2:31.4 |
| | 2 | K Norwood (Eden) 2:39.0 |
| | 3 | L Cartwright (Carlisle) 2:39.1 |
| | 4 | J Johnston (Carlisle) 2:40.9 |
| | 5 | D Frolidi (South Lakes) 2:41.5 |
| | 6 | J Chell (South Lakes) 2:41.5 |
| | 7 | A Foxworthy (Carlisle) 2:41.5 |
| | 8 | M Roberts (Allerdale) 2:47.0 |
| 1500m | 1 | E Wilson (South Lakes) 4:58.6 |
| | 2 | V Johnson (Eden) 5:05.4 |
| | 3 | J Sisson (Allerdale) 5:11.3 |
| | 4 | L Howard (South Lakes) 5:42.2 |
| | 5 | C Friel (Allerdale) 5:42.5 |
| | 6 | L Knight (Carlisle) 5:43.1 |
| | 7 | L Jones (Barrow) 5:48.0 |
| | 8 | J Hebson (Eden) 5:50.0 |
| 75mH | 1 | N Whitlow (South Lakes) 13.1 |
| | 2 | R Park (Carlisle) 13.1 |
| | 3 | S Taylor (South Lakes) 13.5 |
| | 4 | A Hudson (Eden) 13.9 |
| | 5 | A Carlton (Carlisle) 14.4 |
| | 6 | G Cartwright (Carlisle) 14.4 (14.0h) |
| | 7 | S Murray (Allerdale) 16.7 (14.7h) |
| | 8 | J Howorth (Allerdale) 16.7 (14.0h) |
| Relay | 1 | Carlisle 54.4 |
| | 2 | South Lakes 55.2 |
| | 3 | Allerdale 56.8 |
| | 4 | Eden 61.0 |

High Jump 1 A Casement (South Lakes) 1.45m
2 H While (Barrow) 1:40m
3 T Stockdale (Allerdale) 1.40m
4 K Norwood (Eden) 1.35m
5 R Strowbridge (South Lakes) 1.35m
6 J Byrne (Allerdale) 1.30m

Long Jump 1 G McDowell (Barrow) 4.96m
2 H While (Barrow) 4.60m
3 A Horgan-Briggs (Eden) 4.53m
4 A Kerr (South Lakes) 4.50m
5 L Valliant (Allerdale) 4.28m
6 C Clark-Williams (South Lakes) 4.27m
7 S Murray (Allerdale) 4.27m
8 B Dixon (Allerdale) 4.13m

Shot Put 1 M Hodgson (Eden) 9.01m
2 S Hicks (South Lakes) 8.34m
3 N McKellar (Eden) 8.15m
4 D Wilkinson (Allerdale) 8.09m
5 V Coverley (South Lakes) 8.02m
6 E Tickle (Carlisle) 7.74m
7 M Franklin (Carlisle) 7.26m
8 A Eaton (Allerdale) 7.24m

Discus 1 K Barnard (Eden) 25.44m
2 S Hill (Allerdale) 22.97m
3 F Money (Allerdale) 19.14
4 R Helmsley (South Lakes) 18.89m
5 G Mounsey (Allerdale) 18.70m
6 L Strong (Eden) 17.60m
7 P Atkinson (Carlisle) 17.38m
8 E Udale (South Lakes) 16.18m

Javelin 1 S Waite (Carlisle) 27.48m
2 H Hodgson (Eden) 24.41m
3 J Howarth (Allerdale) 23.68m
4 N Cannon (Eden) 21.33
5 A Scott (Allerdale) 20.68
6 K Little (South Lakes) 20.22
7 K Warner (Eden) 18.73m
8 A Rogers (South Lakes) 18.28m

Overall Team Totals: 1 South Lakes 56; 2 Eden 35; 3 Allerdale 34; 4 Carlisle 33;
5 Barrow 22; 6 Copeland 6

INTERMEDIATE GIRLS

| | | |
|--------------|---|-----------------------------------|
| 100m | 1 | J Lawson (South Lakes) 13.4 |
| | 2 | L While (Barrow) 13.6 (13.4h) |
| | 3 | K Ewin (Eden) 13.7 (13.6h) |
| | 4 | R Taylor (Copeland) 14.0 (13.7h) |
| | 5 | H Robinson (Allerdale) 14.0 |
| | 6 | E Park (Carlisle) 14.1 (13.9h) |
| | 7 | C Knipe (South Lakes) 14.2 |
| | 8 | M Ellery (Eden) 14.5 |
| 200m | 1 | F Laurie (Carlisle) 26.9 |
| | 2 | A Mulgrew (Allerdale) 27.4 |
| | 3 | B Pearson (Barrow) 27.4 |
| | 4 | J Miles (Carlisle) 30.2 |
| | 5 | G Wright (Allerdale) 31.6 (31.1h) |
| 300m | 1 | K Hunton (Allerdale) 41.2 |
| | 2 | L Turner (Barrow) 43.0 |
| | 3 | P Smith (Carlisle) 45.4 |
| | 4 | R McKenny (South Lakes) 46.4 |
| | 5 | H Ashcroft (Eden) 50.0 |
| | 6 | K Hull (Carlisle) 56.2 |
| 800m | 1 | S Hornaby (Allerdale) 2:31.2 |
| | 2 | J Addison (South Lakes) 2:31.5 |
| | 3 | H Ashcroft (Eden) 2:40.6 |
| | 4 | J Bibby (Allerdale) 2:42.1 |
| | 5 | P Wood (Carlisle) 2:43.5 |
| | 6 | N Foster (Allerdale) 2:46.5 |
| | 7 | O Law (South Lakes) 2:46.5 |
| | 8 | H Millican (Carlisle) 2:53.0 |
| 1500m | 1 | L Lark (Allerdale) 4:42.4 |
| | 2 | R Stuart (Allerdale) 5:12.4 |
| | 3 | L Smith (Carlisle) 5:21.2 |
| | 4 | L Miller (Allerdale) 5:23.9 |
| | 5 | H Marshall (Eden) 5:39.6 |
| | 6 | L Taylor (Copeland) 5:51.1 |
| | 7 | E Fairley (Carlisle) 5:52.9 |
| | 8 | A Richardson (Eden) 6:00.9 |
| 3000m | 1 | L Park (Allerdale) 10:16.2 |
| | 2 | C Arter (Carlisle) 10:36.8; |
| | 3 | R Faustino (Eden) 13:06.7 |
| 80mH | 1 | K Jenkinson (South Lakes) 12.1 |
| | 2 | C Durrell (South Lakes) 13.4 |
| | 3 | H Parkinson (South Lakes) 15.1 |
| | 4 | C Jenkinson (Carlisle) 15.3 |
| | 5 | E Park (Carlisle) 15.4 |

| | | |
|---|---|---------------------------------|
| 300mH | 1 | C Durrell (South Lakes) 52.9 |
| | 2 | H Parkinson (South Lakes) 53.9 |
| Relay | 1 | South Lakes 54.1 |
| | 2 | Allerdale 54.7 |
| | 3 | Carlisle 55.0 |
| | 4 | Eden 57.1 |
| High Jump | 1 | K Jenkinson (South Lakes) 1.55m |
| | 2 | C Knipe (Eden) 1.45m |
| | 3 | K Armstrong (Eden) 1.40m |
| | 4 | Z Wilson (South Lakes) 1.40m |
| | 5 | E Robinson (Eden) 1.40m; |
| | 6 | K Ostridge (Carlisle) 1.35m |
| Triple Jump | 1 | L Smith (South Lakes) 9.69m |
| | 2 | C Longborne (Eden) 8.97m; |
| | 3 | S Metcalfe (Eden) 8.95m |
| | 4 | S Hall (Eden) 8.91m |
| | 5 | 5 Z Wilson (South Lakes) 8.51m |
| Shot Put | 1 | S Pearson (Barrow) 7.52m |
| | 2 | A Telford (Carlisle) 7.52m |
| | 3 | S Findley (Allerdale) 7.23m |
| | 4 | S Joyce (South Lakes) 6.89m |
| | 5 | F Jackson (Eden) 6.82m |
| | 6 | V Liu (Eden) 6.69m |
| | 7 | F Clough (South Lakes) 6.62m |
| | 8 | G Clemmerson (Eden) 6.61m |
| Discus | 1 | A Furrress (Eden) 18.94m |
| | 2 | B Hall (Eden) 18.58m |
| | 3 | A Bland (South Lakes) 17.30m |
| | 4 | S Ley (Allerdale) 16.22m |
| Hammer | 1 | V Liu (Eden) 24.47m |
| | 2 | N Downes (Eden) 20.46m |
| Javelin | 1 | K Armstrong (Eden) 26.57m |
| | 2 | D Moore (Allerdale) 26.01m |
| | 3 | S Pearson (Barrow) 24.43m |
| | 4 | A Bland (South Lakes) 21.34m |
| | 5 | N Wilson (Allerdale) 20.11m |
| | 6 | K Ewin (Eden) 19.69m |
| | 7 | S Jackson (South Lakes) 19.37m |
| | 8 | L Dunning (Carlisle) 17.23m |
| Overall Team Totals: 1 South Lakes 82; 2 Eden 72; 3 Allerdale 69; 4 Carlisle 41; | | |
| 5 Barrow 33; 6 Copeland 4. | | |

SENIOR GIRLS

100m 1 H Moore (Copeland) 13.9

400m 1 G Crowther (South Lakes) 67.4

3000m 1 R Silson (Eden) 11:57.4
2 E Knox (Allerdale) 12:58.4

100mH 1 J Burrow (South Lakes) 18.4

400mH 1 J Burrow (South Lakes) 74.6

High Jump 1 K Lewis (Copeland) 1.25m

Shot Put 1 E Stott (Allerdale) 11.06m
2 R Fleary (Carlisle) 1.54m

Hammer 1 R Rudkin (Eden) 40.28m

Javelin 1 R Fleary (Carlisle) 39.86m

Overall Team Totals: 1 Allerdale 20; 2 Carlisle 19; 3= Eden 17; 3= South Lakes 17
5 Copeland 12; 6 Barrow 0

OVERALL GIRLS TEAM TOTALS 1 SOUTH LAKES 155; 2 EDEN 124; 3 ALLERDALE 123
4 BARROW 55; 5 COPELAND 22